

## Square Dancing For the 21<sup>st</sup> Century



It's Not Square Any More!

## Join the Stanford Quads

at Fairmeadow School\*
500 East Meadow Drive at Cowper, Palo Alto
Sunday evenings from 7 to 9 PM

Caller/Instructors: Rob French, Harlan Kerr, and Bill van Melle

Free Introductory Classes: 4, 11, 18 October

\*classes on 11 and 18 October will be at Covenant Church, 670 East Meadow

## SINGLES, COUPLES, TEENS, FAMILIES - ALL WELCOME



Square Dancing is a recreation enjoyed by countless folks of all ages throughout the Bay Area, across the U.S., and in many other countries. Modern square dancing is done to a variety of music and is great exercise for both the body and the mind!

## You **don't** need:

- a partner
- special clothes
- any previous dance experience

The October introductory sessions are free; cost thereafter is \$5/week/person, with a discount available for pre-payment. (Regular attendance is expected.)

Stanford Quads offers a fast-paced class which, unlike most in the area, emphasizes All Position Dancing (APD) from the very start. This class is suitable for complete beginners, but may also be found useful by current dancers seeking more experience with APD as well as returning dancers who want a complete review of all of the calls from Basic, Mainstream, and Plus.

For more information: http://www.stanfordquads.org/ info@stanfordquads.org 408-774-1570

For information about square dance classes on other nights and in other locations, visit: http://www.scvsda.org/

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