

## Square Dancing For the 21<sup>st</sup> Century



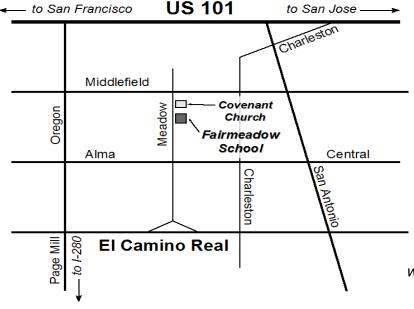
It's Not Square Any More!

## Join the **Stanford Quads**at **Fairmeadow School**\* 500 East Meadow Drive at Cowper, **Palo Alto Sunday evenings** from **7 to 9 PM**

Free Introductory Classes: October 19 and 26 \*Intro nights will be at Covenant Church, 670 E. Meadow.

## John Sybalsky of MIT Caller/Instructor

SINGLES, COUPLES, TEENS, FAMILIES - ALL WELCOME



Square Dancing is a recreation enjoyed by countless folks of all ages throughout the Bay Area, across the U.S., and in many other countries. Modern square dancing is done to a variety of music and is great exercise for both the body and the mind!

## You don't need:

- a partner
- special clothes
- any previous dance experience

Stanford Quads offers a fast-paced class, which, unlike most in the area, emphasizes All Position Dancing from the very start.

The October introductory sessions are free; cost thereafter is \$5/week/person, with a discount available for pre-payment. (Regular attendance is expected.)

For more information: http://www.mixed-up.com/quads/

Or call 408-774-1570. For information about square dance classes on other nights and in other locations, visit: http://www.scvsda.org/

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